

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

# Vaccinations : The Facts!

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## Immune System

**FACT** : Vaccines trick the body into focusing on only one aspect, antibody production, of the many normally available to the immune system. When the vaccine virus is injected directly into the blood stream, it gains access to all of the major tissues and organs of the body without triggering a normal immune response.<sup>5</sup> Antibodies that do respond to the invading vaccine germs become committed to those germs and are unable to react to other viruses.<sup>6,7</sup>

**FACT** : The immune system is designed to help the organism discriminate "self" from potentially dangerous "nonself". Alien viruses injected into the body fuse with healthy cells, and continue to replicate along with those cells.<sup>8</sup> Under these circumstances, the immune system is likely to either invade its own cells (cancer), or ignore danger signs all together, leaving the body vulnerable.<sup>9</sup>

**FACT** : The thymus gland plays an essential role in the immune response against germs and non-human proteins, making T-cells, protecting against diseases. When autopsies were performed on *vaccinated* Americans, it was found that the thymus gland had *shrunk* after puberty, while there was *little deterioration* in the thymus gland of adults in *poorly vaccinated countries*. Thymus gland abnormalities are associated with many diseases and tumours.<sup>10</sup>

## Contamination

**FACT** : The Simian monkey kidneys, used as the bases for the polio vaccine in the 1950's and 1960's, were found to be *contaminated* with the SV-40 virus.<sup>11</sup> SV-40 is a powerful immunosuppressor and trigger for HIV - the name given to the AIDS virus. Researchers consider it to be a cancer-causing virus.<sup>12,13,14</sup> The greatest spread of HIV coincides with the most intense and recent smallpox vaccination campaigns, which activated the dormant contaminated polio vaccine.<sup>15</sup> The polio vaccine today can still be contaminated with an undetected strain of monkey virus.<sup>16</sup>

## Side Effects

**FACT** : The principle cause of encephalitis in the USA and other industrialised countries, is the childhood vaccination programme.<sup>17</sup> Encephalitis is the inflammation of the brain affecting the central nervous systems. Subtle and often overlooked reactions to the vaccine (a slight fever, fussiness, drowsiness) can be a case of encephalitis which is capable of causing *severe neurological complications* months or even years later.<sup>18</sup>

**FACT** : Medicine accepts that the rubella vaccine can cause *long or short-term arthritis*. Wellcome notes in The Datasheet Compendium that the rubella vaccine causes arthritis in 3% of the children and 12-20% of adult women who receive it.<sup>19</sup> As many as 26% of children receiving rubella vaccinations in national testing programs developed arthritis. Some were *hospitalised* to test for rheumatic fever and rheumatoid arthritis.<sup>20</sup>

## Non-Efficacy

**FACT** : In the Philippines, the largest smallpox epidemic occurred between 1917 and 1919, in which there were 162,503 cases and 71,453 deaths. *All cases were vaccinated.* <sup>21</sup>

**FACT** : In England, smallpox vaccinations were made compulsory in 1853. Between 1863 and 1865, the population rose 7% and the death rate rose by 41%. Between 1870 and 1872, the population rose 9% and the death rate from smallpox rose 123%. <sup>22</sup>

**FACT** : Following the introduction of compulsory immunisation, the incidence of diphtheria increased by 30% in France, 55% in Hungary, 200% in Switzerland and 625% in Germany. In Sweden, diphtheria virtually *disappeared* without immunisation. <sup>23</sup>

**FACT** : Germany began compulsory diphtheria vaccinations in 1939. After that country was thoroughly vaccinated, cases of the disease skyrocketed to 150,000. <sup>24</sup> France initially rejected diphtheria vaccinations because of the disasters she witnessed in other countries due to its use. But after the German occupation, France was forced into submitting to the shots. By 1943, cases of diphtheria in that country had soared to nearly 47,000. <sup>25</sup> At the same time in nearby Norway, which refused vaccinations, there were only 50 cases. <sup>26</sup>

## Children

**FACT** : Toxic materials (vaccines) injected into the infants bloodstream at only two months old, destroy critical nutrient stores and can *catastrophically* damage the baby's still developing central nervous system. <sup>27</sup> By the mid-1970's, Japanese officials realised early DPT shots were in fact *killing* babies. <sup>28</sup>

**FACT** : Cot Death or SIDS (Sudden Infant Death Syndrome), has been linked to the DPT vaccine. <sup>29</sup> Dr William Torch, of the Nevada School of Medicine, issued a report showing that two-thirds of 103 children who died of SIDS had been immunised with DPT vaccine in the 3 weeks before their deaths, many dying within a day of the vaccine. <sup>30</sup>

## Cholera

**FACT** : It is generally recognised that there is no satisfactory cholera vaccine. The product available up to the present has been largely a *public relations gambit*. So distrusted is the current vaccine that the medical authorities didn't bother to rush the drug to Peru during the outbreak there in 1991. <sup>31</sup>

**FACT** : Certain vaccine such as that given to cholera are known to be of *no value*, and the emphasis in general practice should really shift more towards proper advice, which can often be more time consuming than injections. <sup>32</sup>

## Bad Medicine

**FACT** : In England, the National Health Service pays a "*bonus*" to doctors with documented vaccination rates above specified percentages. <sup>33</sup> Doctors who vaccinate the largest percentage of patients on their books stand to gain the most, whilst those who exercise greater discretion in the administration of vaccines, or who are willing to support parents who do not wish their children to be immunised are financially penalised. <sup>34</sup>

**FACT** : Scientific literature recommends not giving the pertussis vaccine if i) the child is *ill with anything*, including a runny nose, cough, ear infection, diarrhoea, or has recovered from an *illness within one month* before a scheduled DPT shot, ii) the child has a personal or family history of severe allergies (i.e., cow's milk, *asthma, eczema*). <sup>36</sup>

**FACT** : The Department of Health admitted that if a person has been vaccinated, it determines the diagnosis of subsequent diseases. This means that a person vaccinated against smallpox is 'protected' and if they subsequently contract the disease it *will be diagnosed as something else* (examples include chickenpox, pustular eczema, varioloid and monkeypox).<sup>36</sup>

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## INTRODUCTION

An immunization booklet produced by the CDC (Centers for Disease Control) states the following:

*"Why are baby shots so important? These shots protect your baby from nine diseases: measles, mumps, rubella (German measles), diphtheria, tetanus, pertussis (whooping cough), polio, Haemophilus influenzae type b (Hib disease), and hepatitis B. Are these diseases very serious? Today we might not think of these diseases as being very serious because thanks to vaccines, we don't see them as often as we used to. ... Measles used to kill hundreds – sometimes thousands – of people a year. In the 1920s, over 10,000 people a year died from diphtheria."*

*"Years ago, diphtheria was a widespread and greatly feared disease. Through the 1920s, it struck about 150,000 people a year and killed about 15,000 of them. Since then these figures have dipped considerably, thanks to parents who have gotten their children vaccinated against this terrible disease. There were only 918 cases in 1960, 435 in 1970 and 128 in 1976. Today, only a few cases occur each year."*

*"Before measles vaccine was available, nearly all children had measles by the time they were 15 years old. An average of 530,000 cases a year were reported in the United States during the 10 years before vaccine was available. And during each of these years, over 450 people died because of measles. Now, thanks to the measles vaccine, the number of measles each year is a fraction of what it was then." (1)*

What compelling information! Who would not immunize his/her children after reading such statements?

However, more and more parents and physicians are questioning the necessity of immunizations. Why?

A Swiss researcher writes:

*"Mortality due to tuberculosis, diphtheria, scarlet fever, whooping cough, measles, typhoid, puerperal fever and infant gastro-enteritis started to fall long before the introduction of immunization and/or antibiotics. The decline was probably due to a great extent to various factors linked to the steady rise in the standard of living: qualitative and quantitative improvements in nutrition; better public and personal hygiene; better housing and working conditions and improvements in education." (2)*

In that research paper, several graphs of death rates in Switzerland show massive drops in deaths from disease long before vaccinations are introduced. One graph shows diphtheria

death rates for children from 0 to 14 years of age peaking at over 200 deaths per 100,000 in the late 1800s. This is followed by death rates decreasing to less than 10 deaths per 100,000 near the time of the introduction of the vaccine in the mid 1930s. There was an apparent 95 percent decrease in diphtheria death rates before introduction of the vaccine. The same or so numbers can be drawn from studies of major childhood illnesses. And here we are only lifting the veil a few inches from the scandalous Vaccination Campaign.

An unpublished study by the World Health Organization (WHO) on a "measles susceptible" (malnourished) group of children showed that the group who hadn't been vaccinated contracted measles at the normal contract rate of 2.4%. Of the group who had received the measles vaccine (MMR), 33.5% contracted measles. (3)

Amazing uh?

Three quotes may sum up the problem of vaccinations nowadays:

1) Mass vaccination is not as effective and safe as authorities and the medical corps want us to believe.

In December 1994 Medical Post, Canadian author of the best-seller Medical Mafia, Guylaine Lanctot, M.D. stated, *"The medical authorities keep lying. Vaccination has been a disaster on the immune system. It actually causes a lot of illnesses. We are actually changing our genetic code through vaccination...10 years from now we will know that the biggest crime against humanity was vaccines."*

Other authors state:

*"The greatest threat of childhood diseases lies in the dangerous and ineffectual efforts made to prevent them through mass immunization...Much of what you have been led to believe about immunizations simply isn't true. I not only have grave misgivings about them; if I were to follow my deep convictions...I would urge you to reject all inoculations for your child."* (4)

*"Vaccines are killing children. There's no doubt about it. We've got figures to show it. Its damaging them, and in the United Kingdom there is a now a society for parents of vaccine damaged children."* (5)

2) Children (even adults) who are immunized may suffer short term or long-term effects from vaccines; nobody is safe from them.

After an extensive study of the medical literature on vaccination, Dr. Viera Scheibner concluded that *"there is no evidence whatsoever of the ability of vaccines to prevent any diseases. To the contrary, there is a great wealth of evidence that they cause serious side effects."*

A study revealed that 1 in 175 children who completed the full DPT suffered severe reactions. (6)

A Dr.'s report for attorneys found that 1 in 300 DPT immunizations resulted in seizures.(7)

Marcel Kingsbourne writes: "*The pertussis vaccine can cause seizures is uncontested (and warned in the manufacturer's package insert).*" (8)

Who has the opportunity of reading this package?

## REPORTED ADVERSE EFFECTS FROM VACCINATIONS

**Hepatitis B Vaccine:** Meningitis, autoimmune/neurological reactions, Guillain-Barre Syndrome, myasthenia gravis, erythema nodosum, CNS demyelination, optic neuritis, visual loss, rheumatoid arthritis, Reiter syndrome, autism and colic.

Tetanus: anaphylaxis (hypersensitivities)

### **Hemophilus Influenza (Hib) Vaccine:**

Can produce a reduction in antibodies, which increases the risk of invasive disease.

Pertussis Vaccine: Encephalitis, neurobehavioural problems such as learning disabilities, autism, aggression, dyslexia and attention deficit disorder.

### **Measles, Mumps, Rubella (MMR) Vaccine:**

The Autism Research Foundation has recorded sharp rises in the incidence of autism in the USA immediately following the introduction of the MMR vaccine in 1975, and in the United Kingdom following its introduction in 1988. Lab studies revealed myelin basic protein antibodies (the body attacking its own brain!).

### **The Flu Shot:**

Flu-like symptoms. Also, because the vaccine is propagated on chicken embryo cells, those with allergies to eggs are advised against the flu shot. Outbreaks of the flu still occur despite widespread use of the vaccine as the vaccine is only 20% effective.

3) Finally, it is very difficult to know exactly what the numbers are concerning immunization because no authority wants to spent money investigating side-effects of vaccines or even their safety. Too much seems to be at stake!

Dr. Benard Greenberg, Head of the Department Bio-Statistics of the University of North Carolina School of Public Health remarked that not only did Polio increase substantially 5% from 1957 to 1958 and 80% from 1958 to 1959 after the introduction of mass and frequently compulsory immunization programs but statistics manipulated and statements made by the Public Health service to give the opposite impression. (9)

John B. Classen, M.D., M.B.A. has stated, "*My data proves that the studies used to support immunization are so flawed that it is impossible to say if immunization provides a net benefit to anyone or to society in general. This question can only be determined by proper studies which have never been performed. The flaw of previous studies is that there was no long term follow up and chronic toxicity was not looked at. The American Society of Microbiology has promoted my research...and thus acknowledges the need for proper studies.*"

Vaccines cause side effects, nobody denies that, but how many parents are informed of the risk? Few.

Even if children are most susceptible to the side-effects of vaccines because of a weaker immune system and because most of the shots are given at an early age (since birth!), this does not mean adults are safe from them.

Vaccines are also harmful to adults:

*“An 11 year old girl received a routine tetanus booster dose and three days later developed blindness in the right eye and light perception only in the left eye. Her optic discs were swollen on exam. Two days later she had partial paralysis of her legs and loss of bladder control, then more widespread sensory loss including a lack of vibrational and positional senses. Seven weeks later she still had some vision loss and decreased muscle power. Within one year she recovered” (10)*

*“A 20 year old woman experienced pain and swelling of her right wrist and fingers 4 days after a hepatitis vaccination. The pain and swelling resolved, but returned again 6 months later with more severe swelling and pain, following a second hepatitis vaccination. Nine years later, X-ray of the hands showed destruction of the bones throughout her wrist joints” (11)*

*“A 4 year old girl developed progressive weakness of the legs, pain in the legs and feet, and gradual inability to walk 10 days after Hib vaccination. On the fifth day she had swallowing difficulties, facial weakness, and a monotonous voice. Her symptoms gradually improved, and within 3 weeks she could walk with help” (12)*

*“A 42 year old man received tetanus toxoid on three separate occasions over a period of 13 years. Following each vaccination he developed acute nerve symptoms diagnosed as Guillain-Barre syndrome, a disease of the nervous system characterized by rapid onset of motor weakness and loss of sensation.. A nerve biopsy revealed destruction of the myelin nerve sheath. Following his last injection he continued to experience multiple recurrences, and continued to show abnormal findings on examination 15 years later (Journal of Neurological Science, 1978)” (13)*

The diminution of children illnesses actually may put adults in danger as these illnesses in adults usually become more lethal. Illnesses like mumps, German measles and chickenpox are now contracted by adults where they have always done the most damage. Whooping cough is now being diagnosed in a significant number of adults. Mothers who never got measles as kid are now at risk of infecting their fetuses. The mothers who do not have antibodies against childhood illnesses because they did not have them as kids, cannot protect their newborns (the placenta, then breastfeeding should give them antibodies the first six months of life).

Since immunization has been made compulsory to enter school (once parents were jailed for not complying or their children were removed from their custody!), we have been living dependent on a business that refuses to acknowledge safety concerns and the victims of vaccines side-effects, that conducts unreliable studies and reports.

The truth is that vaccine effectiveness varies depending on the product and how it is stored, as well as the recipient's immune system. Some vaccines have high efficacy rates initially, but the effectiveness wanes greatly over time requiring "boosters". Significantly, there have been outbreaks of diseases such as measles in highly or fully vaccinated populations. And a certain number of children have become autistic, asthmatic and suffered serious damages after taking the vaccines.

After all this, we do not usually question the efficacy of vaccines or their safety; we do not even question if they are needed at all!

We need to be informed about the diseases from which these vaccines are designed to protect us. This means wading through all of the misinformation and myths about diseases.

It also means investigating alternative treatments such as herbs and homeopathy, our diet to reinforce our immune system, breastfeeding, proper exercise and ensuring a quality of life far away from chemicals, pollution and stress.

### ARE VACCINES HALAL?

As muslims, we have another concern as to know if vaccination is halal?

In a Hadith transmitted by Ahmad, Abu Dawud, Tirmidhi, Nisaiy and Ibn Majah on the authority of Usama bit Sharik R. that some Bedouins asked of the Prophet (S. A.W.) that: *"Should we look for medicine (because of sickness) O Allah's Messenger?" Answering their he said: "Do look for medicine (medical attention). For there is no illness created by Allah without a counter acting medicine for it except old age."* In the same vein, al-Imamul Bukhari did transmit a hadith in which the Prophet (S.A.W) said: *"No disease sent down by Allah (SWT) without a cure for it equally sent down by Allah (SWT)."*

The above narration from the Sunnah of our Holy Prophet (SAW) clearly speak about the legitimacy of looking for medicine when the need arises and wherever one finds it.

Many *ulamas* tell us it is fine to vaccinate if we believe this will help us from getting sick. In theory, yes. However, this is without knowing what vaccines are composed of. No scholar of Islam would deny that a vaccine made from non halal animals' organs (dog's kidney, and even pig's blood!) becomes forbidden for Muslims.

Dr. William Hay says:

*"Materials from which vaccines and serums are produced:*

*Rotten horse blood for diptheria toxin and antitoxin; pulverized felt hats for tetanus serum; sweepings from vacuum cleaners for asthma and hayfever; pus from sores on diseased cows for small pox serums; mucous from the throats of children with colds and whooping cough for whooping cough serum; decomposed fecal matter from typhoid patients for typhoid serum." (14)*

He adds:

*"It is nonsense to think that you can inject pus...into a little child and in any way improve its health...The body has its own methods of defence. These depend on the vitality of the body at the time. If it is vital enough it will resist all infections; if it is not vital enough it won't and you can't change the vitality of the body for the better by introducing poison of any kind into it "*

*“Some of the sources for the tissues and proteins used in vaccines are pig or horse blood, cow pox pus, rabbit brain tissue, dog kidney tissue, and duck protein. Polio vaccine contains monkey kidney cell culture, lactalbumin hydrolysate and calf serum. MMR (measles, mumps and rubella) vaccine includes chick embryos, DPT contains formaldehyde, mercury, and aluminum phosphate.”*

C. Horowitz, writing in the journal ‘Mothering’, has observed: *“Most parents who feed their children properly would not let them eat a food which contained any of the ingredients of immunizations.”* (15)

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**HYGIENE AND ILLNESSES VACCINES CLAIM TO PREVENT:**

DESCRIPTION OF VACCINES

Pertussis, or whooping cough, is a respiratory infection characterized by a cough that has a "whooping" sound.

Diphtheria is an acute respiratory illness, wherein a membrane forms that can cover the throat, making breathing difficult.

Tetanus is a life threatening complication of some wound infections.

Polio is a viral disease that can progress to paralysis.

Measles is a respiratory viral infection most commonly recognized by the pink spots that cover those infected.

Mumps is a usually benign infection producing in some cases the classic swollen facial glands.

Rubella, or German Measles, is a benign disease, but pregnant women infected can give birth to a child that can be born deaf or blind.

Haemophilus Influenza is the most common cause of bacterial meningitis, an inflammation of the brain and spinal cord.

Varicella, or chicken pox, causes a benign vesicular rash, but in rare cases it can be accompanied by pneumonia and hepatitis.

Hepatitis B is a serious infection that attacks the liver. It is transmitted by blood and sex.

The vaccines for these diseases were commercialized from the 1960's on. Some of them are so new, no real safety experiments have been conducted prior to mass inoculation.

Not only these vaccines are new, but the diseases they claim to protect us from have declined dramatically since the turn of the century, before their production.

Diphtheria used to kill 5 children out every 1000; now it kills only 1.

In the 1950's, paralytic polio struck 1 out of 5000 people; there has not been any case in years.

Measles is benign, but 6% of cases develop pneumonia. From 1900 to 1979, the disease killed 13 to less than 1 per 100,000 infected.

Mortality from diphtheria was already reduced to 6 per 100,000 children in 1940.(1)

From his book 'Health and Healing' Dr Andrew Weil explains:

*"Scientific medicine has taken credit it does not deserve for some advances in health. Most people believe that victory over the infectious diseases of the last century came with the invention of immunisations. In fact, cholera, typhoid, tetanus, diphtheria and whooping cough, etc, were in decline before vaccines for them became available - the result of better methods of sanitation, sewage disposal, and distribution of food and water." (2)*

Why the decline of infectious illnesses?

Most of these diseases are fostered by poverty, crowded conditions, poor nutrition, lack of access to medical care, and unsanitary conditions.

The Muslims of the Middle Ages knew this very well, following the recommendations of our prophet (SAAS) "Faith begins by cleanliness". In order to ensure that hygiene was well respected, a Public Health Inspectors (or *Muhtasib*) was hired.

Muslim science recognized the importance of clean food and drink in the prevention of disease. All slaughtering of animals was to be carried out in public slaughterhouses. The sale of the meat from sick animals was forbidden. At the end of the day, butchers and fish sellers were supposed to clean up their area and dispose of bad or unpreserved meat scraps beyond the city limits.

The Muhtasib also inspected public eating houses. All pots of food had to be kept covered against flies and insects. If a man was repeatedly charged with a serious offense against the community, such as selling poisoned goods, the Muhtasib could have him executed.

The importance of milk and water as sources of communicable diseases was also recognized in the Arab World. The best water was from wells as opposed to the river water. Water was sold around the city of Baghdad in large jars that had to be kept covered, and it was strictly forbidden to drink from the main jar or to dip one's hand into it. Furthermore, all the jars had to be scrubbed daily with boiling water and dried. The public baths were also inspected for hygiene. People with skin diseases or leprosy were excluded.

All dairies had to be whitewashed and paved.

Since 931, unlicensed doctors, surgeons, blood-letters, and pharmacists were not allowed to practice medicine, others were closely checked for honesty and cleanliness. The Muhtasib gave the Hippocratic Oath (an oath doctors took promising to do their best to cure their patients, first started by Hippocrates, the famous Greek doctor) (4).

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See also: "GRAPHICAL EVIDENCE SHOWS VACCINES DIDN'T SAVE US", statistics taken from Greg Beattie. Vaccination, A Parent's Dilemma. These charts represent the decline in death rates from infectious disease in Australia, but graphical evidence on the decline in death rates from infectious disease for USA, England, New Zealand and many other countries shows the exact same scenario.)

(2) Taken from:

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#### EARLY VACCINATIONS

Early vaccinations attempts were known since the 5<sup>th</sup> BC.

The Greek historian Thucydides (ca 460-400 BCE) noted that during a contemporary epidemic of Plague in Athens, Greece, some people were exposed to the disease but escaped the Infection (1). He explains that the "same man was never attacked twice". Consequently, it was known that a person once exposed to a disease and surviving it will be immunized against it.

The bases for modern immunization were set.

Chinese tried to fight against smallpox (variola) by inoculation as early of the 6<sup>th</sup> C BCE. The treatment was recorded by a Buddhist nun Jen Tsung (1022-1063 CE) who chose scabs that were one month old from cases that had only a few pustules. The scabs were mixed with plants and blew into the nose of healthy people (2).

This technique proves that people of that time knew that attenuation of the disease may immunize someone against it by inducing only a mild reaction.

Today, attenuation or weakening of the disease is done by heat or by introducing the disease into an animal.

Oral variolation or exposition to a disease in its weakened form has been used in the Middle East and in India since the Middle ages (3).

In the 1700s, the process of variolation was introduced into England and later into the United States in 1721.

In 1796, Edward Jenner observed that milkmaids who had contracted cowpox did not get smallpox.

He inoculated a healthy young boy with cowpox (vaccinia) from a sore of a milkmaid, then, after recovery from cowpox, injected pus from a smallpox lesion. The boy did not contract smallpox. The process was called "vaccination", from "vacca" Latin word for cow.

In 1807, a National Vaccine Establishment of research in London compared variolation to vaccination.

In 1840, compulsory vaccination was established by law and variolation was made illegal.

However, they soon noticed that immunity was not always reached, and some people were damaged from the vaccine.

Global eradication of small pox was declared in 1979, but since the consequences of vaccination were worse than the disease, vaccination of the general public against smallpox stopped.

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#### **TYPES OF VACCINES AVAILABLE NOW:**

1. Live attenuated vaccines: Weakened "attenuated" microorganism that does not produce disease but produce an immune response. However, there is a risk of disease induction because of mutation to a virulent form.

2. Killed vaccines: Whole organism that is "inactivated" by chemical treatment.

This type of vaccine does not induce the strongest immune responses and may require a "booster".

3. Subunit ("acellular") vaccines: It is derived from surface proteins of a virus or proteins and/or polysaccharides of bacteria isolated from the infectious agent. Subunit vaccines are similar to killed vaccines in their results, but provoke less allergic reactions.

4. Inactivated toxin vaccines: Vaccines made from a toxin that has been inactivated (toxoid). Toxoid vaccines often induce low level immune responses and require a booster to maintain effectiveness.

5. Dose Amplification Vaccines comprised of killed organisms, subunits or toxoids are effective in generating antibody, but multiple immunizations are needed.

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#### **CONTENT OF VACCINES:**

**In addition to the viral and bacterial RNA or DNA that is part of the vaccines, here are the fillers (1):**

aluminum hydroxide

aluminum phosphate

ammonium sulfate

amphotericin B

animal tissues: pig blood, horse blood, rabbit brain,

dog kidney, monkey kidney,

chick embryo, chicken egg, duck egg

calf (bovine) serum

betapropiolactone

fetal bovine serum

formaldehyde

formalin

gelatin

glycerol

human diploid cells (originating from human aborted fetal tissue)

hydrolyzed gelatin

monosodium glutamate (MSG)

neomycin

neomycin sulfate

phenol red indicator

phenoxyethanol (antifreeze)

potassium diphosphate

potassium monophosphate

polymyxin B

polysorbate 20

polysorbate 80

porcine (pig) pancreatic hydrolysate of casein  
residual MRC5 proteins  
sorbitol  
sucrose  
**thimerosal (mercury)**  
tri(n)butylphosphate,  
VERO cells, a continuous line of monkey kidney cells  
washed sheep red blood cells

*“There are two brands of MMR vaccine currently available, MMR II and Priorix. The MMR vaccine contains small amounts of each of the viruses at a reduced strength and a small amount of an antibiotic. MMR II also contains a small amount of **pig gelatin** which acts as a stabiliser. Priorix, the other brand of MMR vaccine, does not contain pig gelatin. Components of pig gelatin are used in the early stages of manufacture of this vaccine but are removed in subsequent stages. Those with religious objections to pig products may request the Priorix brand of vaccine.” (2)*

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## VACCINE EFFECTIVENESS

It is hard to tell how effective or ineffective vaccines are. Several reasons are involved.

\_ There is some evidence that, after introduction of vaccines against a particular disease, medical personnel stopped diagnosing the disease and attributed the symptoms to another disease that had similar symptoms.

\_ Physicians do not report deaths and injuries from vaccines.

The NVIC reported that *"In New York, only one out of 40 doctor's offices [2.5%] confirmed that they report a death or injury following vaccination,"* -- 97.5% of vaccine related deaths and disabilities go unreported there. Implications about the integrity of medical professionals aside (doctors are legally required to report serious adverse events), these findings suggest that vaccine deaths actually occurring each year may be well over 1,000.

For instance, a recent survey in New York City revealed that only 3.2% of pediatricians were actually reporting measles cases to the health department. In 1974, the CDC determined that there were 36 cases of measles in Georgia, while the Georgia State Surveillance System reported 660 cases.(1)

\_ Vaccines are mostly designed to protect entire populations because every individual who is vaccinated will not necessarily develop immunity. However, if most of the population is immunized, the disease will not be able to sustain itself in that population; consequently, outbreaks will not occur or will be limited. This is called "herd immunity".

If more than 10%-20% of the population (depending on the illness) is not immunized, the disease cannot be considered eradicated and epidemics will occur. This is the reason why the government is pushing people to get immunized, so that the unvaccinated do not pose a threat to the vaccinated. If vaccines truly conferred individual immunity, it would not matter who chooses to be vaccinated or refused it.

However what happens is just the opposite of what is wished: many documents show that fully vaccinated populations do contract diseases; with measles, this actually seems to be the direct result of high vaccination rates. (2)

An epidemiologist even concluded that concerning the Hib vaccine, vaccinated children were five times more likely to contract meningitis than unvaccinated children.

\_ The principles of vaccines are put to the test.

A study published by the British Medical Council in 1950 during a diphtheria epidemic concluded that there was no relationship between antibody count and disease incidence. Researchers found healthy people with extremely low antibody counts and sick people with high counts. (3)

In an Australian study, a group of people were immunized for rubella, and all produced antibodies judged necessary to fight off the disease. When later exposed to the disease, 80% contracted the disease. (4)

Natural immunization is complex and cannot be fully replicated by the artificial stimulation of antibody production.

Interestingly, children under 6 months old have been found incapable of producing antibodies. Furthermore, the virus would be taken over by the antibodies the mother gives to her child by the placenta and breast milk, rendering any vaccine ineffective.

*“Maternal antibodies in the child's blood sweep up the live, weakened measles viruses used in the vaccine before the child's immune system can react, rendering the vaccine ineffective. But another reason vaccines might fail in young children is that the immune system is still maturing and hasn't become "immunocompetent," or capable of mounting a counterattack against a microbe.”* (5)

\_ Research indicates that our immune system is involved with the antigens (any substance that stimulates the production of antibodies) of the vaccine in such a way our resistance to other infections is weakened and our immune system cannot respond to any other infection. (6)

\_ Some researchers have found that the use of live viral vaccines introduces foreign genetic material into the human system, causing a reaction called auto-immune disorders (like multiple sclerosis, rheumatoid arthritis, lupus, cancer, Crohn's disease, asthma, etc.) (7)

\_ The medical literature show an impressive number of studies documenting vaccine failure. Measles, mumps, small pox, polio and Hib outbreaks have all occurred in vaccinated populations. (8, 9, 10, 11, 12)

In 1989 the CDC reported: *"Among school-aged children, [measles] outbreaks have occurred in schools with vaccination levels of greater than 98 percent.(13) [They] have*

*occurred in all parts of the country, including areas that had not reported measles for years."*(14, 15)

*"The apparent paradox is that as measles immunization rates rise to high levels in a population, measles becomes a disease of immunized persons."*(16)

A more recent study found that measles vaccination *"produces immune suppression which contributes to an increased susceptibility to other infections."*(17)

Japan experienced increases in small pox epidemics since the introduction of compulsory vaccines in 1872. By 1892, there were 29,979 deaths, and all had been vaccinated. (18)

The Philippines experienced their worst smallpox epidemic ever after 8 million people received 24.5 million vaccine doses; the death rate quadrupled as a result. (19)

In 1989, Oman experienced a polio outbreak six months after achieving complete vaccination. (20)

In the U.S. in 1986, 90% of 1300 pertussis cases in Kansas were immunized (21), as well as 72% of pertussis cases in the 1993 Chicago outbreak.(22)

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## **PROBLEMS AND DANGERS OF VACCINES:**

\_ Vaccines stimulate the body to protect itself from disease through the propagation of antibodies, primarily IGA. However, vaccines are injected by blood and do not pass by the mouth where stages the first attempts of the body to fight infection. The result is that the disease, even though in a weak form, passes through the entire body. **(1)**

SIGA antibodies are passed on to children through the placenta and breast milk and are ready to help children fight infections the first months of babies' life. Secretory IGA antibodies, which sit in mucous membranes and form the first line of attack on foreign organisms, are not stimulated by vaccines.

\_ Vaccinations may temporarily lower immune function, this is why parents claim that their children are more likely to suffer ear infections just after vaccinations. **(2)**

\_ Vaccines contribute to allergic and chronic disorders such as asthma and eczema. **(3)** It is shocking to learn that researchers are looking into an "allergy" vaccine that would inoculate children with known allergens, along with a substance that presumably prevents formation of the T-cells responsible for allergic response. T-Cells are a lymphocyte (a component that makes a quarter of the white cells that grows with infection) developed in the thymus; it orchestrates the immune system's response to infected or malignant cells.**(4)**

\_ The length of protection conferred by vaccines is variable, often requiring numerous booster doses. The average protection is 10 years.**(5)** This is significant if we know that adults who did not contract benign childhood diseases like the mumps or rubella run the risk of getting it later as the immunity decreases with age, despite boosters. In adults, we know that childhood diseases hit with more strength. One researcher found a higher rate of Parkinson's disease in men who had not had measles as children. So vaccines, if they

work, prevent us from letting our body do its job properly. Introducing unnatural prophylaxis (preventive) methods messes up with our immune system. (6)

\_ Most people in favor of immunization do not mind sacrificing a minority of individuals who have severe reactions to the vaccines in order to "save" the rest of the population. The documented long term adverse effects of vaccines include chronic immunological and neurological disorders such as autism, hyperactivity, attention deficit disorder, dyslexia, allergies, cancer, and other conditions, many of which barely existed 30 years ago before mass vaccination programs.

Medical historian, researcher and author Harris Coulter, Ph.D. explained that his extensive research revealed childhood immunization to be "...*causing a low-grade encephalitis in infants on a much wider scale than public health authorities were willing to admit, about 15-20% of all children.*"

He notices that the symptoms of encephalitis [inflammation of the brain, a known side-effect of vaccination], i.e., autism, learning disabilities, minimal and not-so-minimal brain damage, seizures, epilepsy, sleeping and eating disorders, sexual disorders, asthma, crib death, diabetes, obesity, and impulsive violence are modern plagues, probably caused or influenced by those vaccines.

\_ It is significant to know that the American government spends millions as compensation to victims of immunology...

The U.S. National Childhood Vaccine Injury Act (est.1986) warns that to qualify for compensation after vaccine injury, the side effects must appear within four hours of injection. Despite the limitation, as of February 28, 1998 compensatory payments have totalled \$871,800,000. Only one in four claimants were awarded compensation. (7)

The U.S. Federal Government's National Vaccine Injury Compensation Program (NVICP) has paid out over \$724.4 million to parents of vaccine injured and killed children. The NVICP has received over 5000 petitions since 1988, including over 700 for vaccine-related deaths, and there are still over 2800 cases pending. (8)

#### ADVERSE EFFECTS OF VACCINES

- Some vaccines have proven to be dangerous and were removed from the market a few months after their commercialization because they proved life-threatening, and only after they had made victims!

For example, the recently introduced Hib vaccine is designed to prevent Hemophilus Influenza and meningitis. 75% of cases occur in children younger than 24 months. The first vaccine, PRP, was not effective in children younger than 24 months of age, but it was distributed anyway. Not only it did not work, but also it increased the risk of acquiring invasive H. Influenza disease among vaccinated children.

A newer version, PRP-D was introduced in 1987, not designed to protect children aged less than 15 months. Both vaccines caused cases of Guillain-Barre syndrome, a transient paralytic disease. (9)

The FDA's VAERS (Vaccine Adverse Effects Reporting System) receives about 11,000 reports of serious adverse reactions to vaccination annually, some 1% (112+) of which are deaths from vaccine reactions.(10)

The majority of deaths are attributed to the pertussis (whooping cough) vaccine. The FDA estimates that only about 10% of adverse reactions are reported. **(11)** This is supported by two National Vaccine Information Center (NVIC) investigations. **(12)** With pertussis, the vaccine is 100 times more deadly than the disease. No wonder that in the United Kingdom it has been boycotted by parents and physicians altogether. **(13)** Both national and international studies have shown vaccination to be a cause of SIDS (Sudden Infant Death Syndrome) cause the death of 5 to 10,000 children every year in the U.S.). Half of SIDS cases (2500 to 5000 infants every year) are thought to be caused by vaccines. One study found the peak incidence of SIDS occurred at the ages of 2 and 4 months in the U.S., precisely when the first two routine immunizations are given. **(14)**

3,000 children die within 4 days of vaccination each year in the U.S.

Other searchers have found that death follow three weeks after immunization.

A study rules out the papers that claim no SIDS-vaccine relationship. **(15)**

In 1975 Japan raised the minimum age for infant vaccinations to two years. As a result, SIDS (Sudden Infant Death Syndrome, or crib death) and infant convulsions virtually disappeared. In the '80s, Japan lowered the minimum age back down to three months and the rate of SIDS returned to previous levels. **(16)**

Despite evidences, the U.S. medical community chose denial, and coroners refuse to check the vaccination status of SIDS victims.

Maybe the worse adverse effect of vaccines is the risk of contracting the target disease itself from the vaccine. The Polio vaccine for instance can revert to virulence. The 10 annual cases of paralytic polio in the United States are caused by the vaccine! **(17)**

In 1959, 77.5% of Massachusetts' paralytic cases had received 3 doses of IPV (injected polio vaccine). During 1962 U.S. Congressional hearings, Dr. Bernard Greenberg, head of the Dept. of Biostatistics for the University of North Carolina School of Public Health, testified that cases of polio increase after mandatory vaccinations (50% increase from 1957 to 1958, 80% increase from 1958 to 1959); he also noted that the statistics were manipulated by the Public Health Service to give the opposite impression. **(18)**

The risk of getting polio from the oral form was known at the time the vaccine was developed, but no families were warned of it. Usually doctors never warn of the possible side-effects of vaccines; furthermore they present vaccination as a must, required by the law at least for schooling and they do not seem to know of any exemption. Exemptions exist in most US states; exemptions for religious, medical or even philosophical reasons. You would not believe it hearing people talking.

It is reported that up to 15% of adult women administered the Rubella vaccine develop transient or chronic arthritis. **(19)**

Rubella is administered to children along with Measles (Rubeola) and Mumps vaccine as MMR. When first introduced in the market, in 1963, this vaccine caused a more serious and often life threatening variant of the wild disease. The risk is still present although more rare **(20)**, and transient gait disturbances. **(21)**

Other adverse reactions supported by the Academy of Science committee include for

DT, MMR, and Hepatitis B still cause anaphylaxis; tetanus vaccine cause brachial neuritis, and Polio vaccine cause Guillain-Barre syndrome. (22)

Interesting to know, 30% of physicians in the US do not immunize their children at all!

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## **HISTORICAL FACTS EXPOSING THE DANGERS AND INEFFECTIVENESS OF VACCINES**

(References taken from site: <http://www.vaccinationdebate.com/web2.html>)

- In 1871-2, England, with 98% of the population aged between 2 and 50 vaccinated against smallpox, it experienced its worst ever smallpox outbreak with 45,000 deaths. During the same period in Germany, with a vaccination rate of 96%, there were over 125,000 deaths from smallpox.

**(The Hadween Documents:**

**<http://www.soilandhealth.org/02/0201hyglibcat/020119hadwin/020119hadwin.toc.html>**)

- In Germany, compulsory mass vaccination against diphtheria commenced in 1940 and by 1945 diphtheria cases were up from 40,000 to 250,000.

**(Don't Get Stuck, Hannah Allen)**

- In the USA in 1960, two virologists discovered that both polio vaccines were contaminated with the SV 40 virus which causes cancer in animals as well as changes in human cell tissue cultures. Millions of children had been injected with these vaccines.

**(Med Jnl of Australia 17/3/1973 p555)**

- In 1967, Ghana was declared measles free by the World Health Organisation after 96% of its population was vaccinated. In 1972, Ghana experienced one of its worst measles outbreaks with its highest ever mortality rate.

**(Dr H Albonico, MMR Vaccine Campaign in Switzerland, March 1990)**

- In the UK between 1970 and 1990, over 200,000 cases of whooping cough occurred in fully vaccinated children.

**(Community Disease Surveillance Centre, UK)**

- In the 1970's a tuberculosis vaccine trial in India involving 260,000 people revealed that more cases of TB occurred in the vaccinated than the unvaccinated.

**(The Lancet 12/1/80 p73)**

- In 1977, Dr Jonas Salk who developed the first polio vaccine, testified along with other scientists, that mass inoculation against polio was the cause of most polio cases throughout the USA since 1961.

**(Science 4/4/77 "Abstracts" )**

- In 1978, a survey of 30 States in the US revealed that more than half of the children who contracted measles had been adequately vaccinated.

**(The People's Doctor, Dr R Mendelsohn)**

- In 1979, Sweden abandoned the whooping cough vaccine due to its ineffectiveness. Out of 5,140 cases in 1978, it was found that 84% had been vaccinated three times!

**(BMJ 283:696-697, 1981)**

- 90% of obstetricians and 66% of pediatricians refused to take the rubella vaccine.  
**(The February 1981 issue of the Journal of the American Medical Association)**

- In the USA, the cost of a single DPT shot had risen from 11 cents in 1982 to \$11.40 in 1987. The manufacturers of the vaccine were putting aside \$8 per shot to cover legal costs and damages they were paying out to parents of brain damaged children and children who died after vaccination.

**(The Vine, Issue 7, January 1994, Nambour, Qld)**

- In Oman between 1988 and 1989, a polio outbreak occurred amongst thousands of fully vaccinated children. The region with the highest attack rate had the highest vaccine coverage. The region with the lowest attack rate had the lowest vaccine coverage.

**(The Lancet, 21/9/91)**

- In 1990, a UK survey involving 598 doctors revealed that over 50% of them refused to have the Hepatitis B vaccine despite belonging to the high risk group urged to be vaccinated.

**(British Med Jnl, 27/1/1990)**

- In 1990, the Journal of the American Medical Association had an article on measles which stated " *Although more than 95% of school-aged children in the US are vaccinated against measles, large measles outbreaks continue to occur in schools and most cases in this setting occur among previously vaccinated children.*"

**(JAMA, 21/11/90)**

- In the USA, from July 1990 to November 1993, the US Food and Drug Administration counted a total of 54,072 adverse reactions following vaccination. The FDA admitted that this number represented only 10% of the real total, because most doctors were refusing to report vaccine injuries. In other words, adverse reactions for this period exceeded half a million!

**(National Vaccine Information Centre, March 2, 1994)**

- In the New England Journal of Medicine July 1994 issue a study found that over 80% of children under 5 years of age who had contracted whooping cough had been fully vaccinated.

- On November 2nd, 2000, the Association of American Physicians and Surgeons (AAPS) announced that its members voted at their 57th annual meeting in St Louis to pass a resolution calling for an end to mandatory childhood vaccines. The resolution passed without a single "no" vote.

**(report by Michael Devitt:**

**[http://www.wellnesschiro.com/physicians\\_group\\_end\\_mandatory\\_vaccines.htm](http://www.wellnesschiro.com/physicians_group_end_mandatory_vaccines.htm))**

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## **DOCTORS AND SCIENTISTS CONDEMN VACCINATION**

(references taken from: <http://www.vaccinationdebate.com/web3.html>)

*"There is a great deal of evidence to prove that immunisation of children does more harm than good."*

Dr J Anthony Morris, former Chief Vaccine Control Officer, US Food and Drug Administration.

*"The greatest threat of childhood disease lies in the dangerous and ineffectual efforts made to prevent them through mass immunisation."*

Dr R. Mendelsohn, Author and Professor of Paediatrics (How To Raise A Healthy Child In Spite Of Your Doctor)

*"In our opinion, there is now sufficient evidence of immune malfunction following current vaccination programmes to anticipate growing public demands for research investigation into alternative methods of prevention of infectious disease."*

Dr's H. Buttram and J. Hoffman (Vaccinations and Immune Malfunctions)

*"All vaccination has the effect of directing the three values of the blood into or toward the zone characteristics of cancer and leukemia...Vaccines DO predispose to cancer and leukaemia."*

Professor L.C. Vincent, Founder of Bioelectronics

*"Every vaccine carries certain hazards and can produce inward reactions in some people...in general, there are more vaccine complications than is generally appreciated."*

Professor George Dick, London University

*"Official data have shown that the large-scale vaccinations undertaken in the US have failed to obtain any significant improvement of the diseases against which they were supposed to provide protection."*

Dr A. Sabin, developer of the Oral Polio vaccine (lecture to Italian doctors in Piacenza, Italy, December 7th 1985)

*"In addition to the many obvious cases of mortality from these practises, there are also long-term hazards which are almost impossible to estimate accurately...the inherent danger of all vaccine procedures should be a deterrent to their unnecessary or unjustifiable use."*

Sir Graham Wilson (The Hazards of Immunisation)

*"Laying aside the very real possibility that the various vaccines are contaminated with animal viruses and may cause serious illness later in life (multiple sclerosis, cancer, leukaemia, etc) we must consider whether the vaccines really work for their intended purpose."*

Dr W.C. Douglas (Cutting Edge, May 1990)

*"The only wholly safe vaccine is a vaccine that is never used"*

Dr James A. Shannon, National Institute of Health, USA

With reference to Smallpox;

*"Vaccination is a monstrosity, a misbegotten offspring of error and ignorance, it should have no place in either hygiene or medicine...Believe not in vaccination, it is a world-wide delusion, an unscientific practise, a fatal superstition with consequences measured today by tears and sorrow without end."*

Professor Chas Rauta, University of Perugia, Italy , (New York Medical Journal July 1899)

*"Vaccination does not protect, it actually renders its subjects more susceptible by depressing vital power and diminishing natural resistance, and millions of people have died of smallpox which they contracted after being vaccinated."*

Dr J.W. Hodge (The Vaccination Superstition)

*"It is nonsense to think that you can inject pus - and it is usually from the pustule end of the dead smallpox victim ... it is unthinkable that you can inject that into a little child and in any way improve its health. What is true of vaccination is exactly as true of all forms of serum immunisation, if we could by any means build up a natural resistance to disease through these artificial means, I would applaud it to the echo, but we can't do it."*

Dr William Howard Hay (lecture to Medical Freedom Society, June 25th 1937)

*"Immunisation against smallpox is more hazardous than the disease itself."*

Professor Ari Zuckerman, World Health Organisation

With reference to Whooping Cough;

*"There is no doubt in my mind that in the UK alone some hundreds, if not thousands of well infants have suffered irreparable brain damage needlessly and that their lives and those of their parents have been wrecked in consequence."*

Professor Gordon Stewart, University of Glasgow (Here's Health, March 1980)

*"My suspicion, which is shared by others in my profession, is that the nearly 10,000 SIDS deaths that occur in the US each year are related to one or more of the vaccines that are routinely given to children. The pertussis (whooping cough) vaccine is the most likely villain, but it could also be one or more of the others."*

Dr R Mendelsohn, Author and Professor of Paediatrics (How To Raise A Healthy Child In Spite Of Your Doctor)

*"The worst vaccine of all is the whooping cough vaccine...it is responsible for a lot of deaths and for a lot of infants suffering irreversible brain damage.."*

Dr Archie Kalokerinos, Author and Vaccine Researcher (Natural Health Convention, Stanwell Tops, NSW, Australia 1987)

With reference to Polio;

*"Many here voice a silent view that the Salk and Sabin polio vaccine, being made of monkey kidney tissue has been directly responsible for the major increase in leukaemia in this country."*

Dr F. Klenner, Polio Researcher, USA

*"No batch of vaccine can be proved to be safe before it is given to children"*

Surgeon General Leonard Scheele (AMA Convention 1955, USA)

*"Live virus vaccines against influenza and paralytic polio, for example, may in each instance cause the disease it is intended to prevent..."*

Dr Jonas Salk, developer of first polio vaccine (Science 4/4/77 Abstracts)

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## **WHY VACCINES ARE INEFFECTIVE?**

When the immune system fails to do its job, it is not because it is inherently incapable of overcoming the infection, but because we have denied it the resources that it needs, or interfered with its activity.

To have an immune system that function at its best, we need:

- 1) proper nutrition
- 2) Clean water
- 3) Enough rest

We interfere with the natural activity of the full activity of the immune system when:

- 1) we use the body's energy for another activity such as dealing with the vaccine instead of the infection
- 2) Panadol and other anti-pyretics prevent the body from raising or keeping its temperature at the most suitable level. For every degree rise in temperature, the rate of production and travel of leucocytes to the site of infection doubles.

Convulsions occur not because the body temperature raises high, but because it does it rapidly due to vaccination.

If the body has to fight toxins present in vaccines, the immune system cannot fight any infection properly.

Vaccines are ineffective because childhood infections are not caused by germs, but by the toxic conditions of the body, known as Toxemia. Famous American physician, Dr Henry Bieler, author of 'Food is Your Best Medicine' writes, *"The primary cause of disease is not germs. Disease is caused by a toxemia which results in cellular impairment and breakdown, thus paving the way for the multiplication and onslaught of germs"* .

Our body is formed of billions and trillions of cells. The two main functions of all cells are to nourish themselves by what is appropriate in their surroundings and to discard their own waste by a process of excretion.

When the cells are in full vigor and activity, this process of excretion goes on quite regularly and naturally.

When the cells are 'sick', a process called Enervation takes place, resulting in the suspension of the process of excretion or elimination. Then, the accumulation and retention of these waste products take place in the cell, causing a poisoning called Toxemia.

When a piece of human tissue is cultured in a flask, a volume of liquid equal to two thousand times its own volume is required to prevent it from being poisoned in a few days from the accumulation of its own waste.

(See the work of Alexis Carrel)

The ability of the circulatory system in circulating the body's fluids, i.e. the lymph and blood, and of the lungs, liver and kidneys, with some help from the bowels and skin in excreting the waste, the cells of the body are able to live in a fluid medium of but six to seven quarts. Without the circulatory system, the average man would have to live in about 52,835 gallons of fluid that would need to be replaced here and then!

The cells throw their waste into the lymph that carries it back to the blood. The blood takes the waste to the excretory organs. Normal elimination keeps the blood and lymph clean. Toxaemia is hence the aftermath of Enervation (weakening of the system).

Toxemia is caused by malnourishment, impure water, poor sanitation, poverty and overcrowding. In the developed countries, it is caused by the over consumption of animal, dairy and refined processed foods, chemical additives in food and water, drugs, vaccines, pesticide residues and industrial poisons, traumatism, early introduction of solid foods in babies.

*"...these organisms (germs) live, multiply and thrive only in tissue encumbered with toxic matter from injudicious eating, poisons from stagnant bowels, acids from unbalanced foods, drink and drug poisons, and various disease products in the form of serums, vaccines and antitoxins.....germs reduce dead and dying organic matter back to its inorganic constituents suitable again as nourishment for plant life."(1)*

Vaccines are supposed to stimulate antibody production in order to create immunity. However, it has been proven that immunity is a complex process that does not necessarily involve antibodies. Agammaglobulinemic children are incapable of producing antibodies, yet they recover from infectious diseases almost as quickly as other children. (2)

Furthermore, a study published by the British Medical Council in 1950 during a diphtheria epidemic concluded that there was no relationship between antibody count and disease incidence; researchers found resistant people with extremely low antibody counts and sick people with high counts. (3)

Natural immunization is a complex phenomenon involving many organs and systems; it cannot be fully replicated by the artificial stimulation of antibody production.

Research also indicates that vaccination commits immune cells to the specific antigens involved in the vaccine, rendering them incapable of reacting to other infections. Our immunological reserve may thus actually be reduced, causing a generally lowered resistance. (4)

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## WHY VACCINES ARE HARMFUL?

When Japan, in 1975, decided to start vaccination age 2 years old, the lowest mortality rate of children in the country compared to the rest of the world zoomed from the 17th place to the 1<sup>st</sup> place! (1)

US rate zoomed in the opposite direction, from the 6th place in the world in the early fifties (before the commercialization of the vaccines), to the 20th place by 1990, and down to the 26th place at the end of the 20<sup>th</sup> Century!

After the US authorized the use of the DPT vaccine in 1978, there was a 300% increase in the reported cases of whooping cough. The rate increases despite mass vaccinations and the injection of 5 doses of the vaccine! (2)

These numbers can hardly be a coincidence.

So, what's wrong with vaccines?

If we look at the content of each vaccine, we are amazed to find that the ingredients include:

*"01-.025% each of formaldehyde, mercury (or substitute #6-pheno-oxyethanol, a protoplasmic poison), aluminium, paint thinner, coolant, anti-freeze, dye, detergent phenols, solvent, borax, disinfectant, MSG, glycerol, sulfite & phosphate compounds, polysorbate 80/20, sorbitol, polyribosylribitol, betapropiolactone, Amphotericin B and other chemicals, plus hydrolized gelatin, casein, dead animal tissue and blood (e.g. cow, chick embryo, monkey, sheep, pig, dog, etc), aborted human foetus cells, mutated (more virulent) human viruses, contaminant animal viruses (e.g. SV40, which causes cancer in humans), bacteria, bacterial endotoxins, antibiotics, yeast & animal, bacterial and viral DNA (which when injected can be incorporated into the recipient DNA)" (3)*

Doctor Cave explains how by age two, American children have received 237 micrograms of mercury through vaccines alone, which far exceeds current EPA 'safe' levels of .1 mcg/kg.per day. (4)

Historically, the toxicity of mercury has been known for more than a century. Mad Hatter's disease has been well known in England since the mid 1800s because they inhaled the vapors from the mercury-based stiffening compound they used on felt to make top hats.

It is interesting to learn that common household remedies that were used up into the 1960s like mercurochrome and "teething powder" were often the cause of acute mercury poisoning and disease.

The mercury in vaccines is in the form of thimerosal. Thimerosal is 50x more toxic than plain old mercury (methyl mercury). And we know that injected mercury is far more toxic than ingested!

Because there is no blood brain barrier in infants, so the mercury is carried without being stopped to the brain cells where it accumulates; because infants do not produce bile, which is necessary to excrete mercury from the body.

Autism was discovered in the late 1930s by Leo Kanner, at the same time vaccines were being introduced to the general public. Furthermore the symptoms of autism and the symptoms of mercury poisoning are the same. One in 150 toddlers develop autism in the US and UK, as opposed to few in developing countries that have a low rate of immunizations. And the same pattern is true for cancer, leukaemia, asthma and other ailments. (5)

The members of the FDA who decide which vaccines get approved make up the Advisory Board. Among them, 70% of Advisory Board members own stock in vaccines, patents on vaccines, and accept salaries and benefits as employees of the drug companies. (6) Why would they denounce vaccines as being harmful?

The American Dental Association and the California Dental Association have been systematically hiding the truth about mercury toxicity in fillings for decades only 50% silver. (7)

'Silver' fillings aren't just silver. They're 50% mercury, and they're extremely toxic, and every dentist knows it.

Both the ADA and the CDA have inserted into their 'code of ethics' strict commandments forbidding dentists from ever revealing to patients the realities of mercury toxicity.

Dr. Wakefield's research centers around the MMR vaccine – measles/mumps/rubella – which does not contain thimerosal.

He explained how at least ¾ of autistics have pathologically blocked bowels, due to the huge swelling of the tissue lining the intestine, clearly linked to the presence of measles virus from the MMR shot. (8)

The MMR actually causes bowel problems which result in malabsorption and malelimination of waste product of digestion, which results in brain dysfunction called autism. Before the MMR, diphtheria, pertussis (whooping cough) and tetanus vaccination caused the same symptoms following a condition known as encephalitis (or encephalomyelitis).(9)

Vaccines are unsafe because they are made up of chemicals and other elements that are poisonous to the body such as formaldehyde (a product that can cause cancer), thiomersal (a derivative of mercury), aluminium phosphate, phenol (carbolic acid), alum (a preservative), and acetone (a solvent).

Vaccines also contain foreign proteins such as chick embryo, calf serum, rabbit brain tissue and monkey kidney cells, that can cause allergic and inflammatory reactions. Usual reactions to vaccines are fever, fussiness, crying, swelling or skin rashes.

If the child is predisposed or takes drugs to minimize these effects, then the vaccine poisons will be retained within the body's tissues. This reaction can trigger or contribute to chronic illnesses such as diabetes, autism, asthma, neurological disorders, leukaemia and even cot deaths.

In many children, the retention of vaccine poisons does not result in illnesses but in disabling his intellect, diminishing his vitality and weakening of his immune system. The child will operate at a level well below his/her true potential.

Vaccines add up to well known other poisons such as drugs, fluoridated water, food additives, pesticide residues, atmospheric pollutants, electromagnetic radiation, etc. It is interesting to note that the dramatic rise in childhood cancer, autism, juvenile diabetes, asthma and neurological disorders over the past fifty years, has directly coincided with the era of drugs, vaccines and chemical poisons in our food, water and environment.

Another error in vaccination is the assumption that all children, regardless of age, are virtually the same. An 10 pound 2 month old receives the same dosage as a 40 pound five year old. Infants with immature, undeveloped immune systems may receive five or more times the dosage (relative to body weight) as older children.

This is even more shocking that it has been found that dosage in each vaccine range from 1/2 to 3 times what the label indicates.

Vaccine lots may come with different levels of quality. Those with high death and disability rates have been found by the NVIC, but the FDA never recalled them.

Finally, physicians and vaccine laboratories assume that all recipients, regardless of race, culture, diet, geographic location, etc., will react the same way to the injections. What a mistake! How dramatically when we learn that in Australia's Northern Territory, 50% of aborigines infants died following mass immunizations! **(10)**

We know that vaccination depletes vitamin C reserves.

Kalokerinos, M.D. discovered that the aborigine's vitamin C deficient "junk food" diet imposed by the white society was critical as children in shock or collapse recovered quickly after a vitamin C injection.

A study published in the New England Journal of Medicine about epidemics of polio in Romanian children, revealed a link between injections of antibiotics and vaccinations. One injection within one month of vaccination raised the risk of polio 8 times, 2 to 9 injections raised it to 27-fold, and 10 or more injections raised it to 182 times. **(11)**

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To learn more about autism linked to vaccines:

See: [www.thedoctorwithin.com](http://www.thedoctorwithin.com), Conventional Medicine

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## TREATMENTS OF INFECTIOUS DISEASES AND PROPHYLAXIS (PREVENTION)

Rates of contamination by a childhood disease covered by vaccines remain low, and serious sequelae are rare. **(1)**

90% of persons who contract polio do not progress to the dangerous paralytic form, and only 5-10% of those infected dies from it. **(2)**

Because sanitation and diet is much better in developed countries, children who are not immunized will meet a milder form of the disease although they have little chances of encountering the diseases due to mass immunization that still works to a certain extent. The CDC found a 99.8% recovery rate for pertussis for the years 1992-94. In fact, when hundreds of pertussis cases occurred in Ohio and Chicago in the fall 1993 outbreak, an infectious disease expert from Cincinnati Children's Hospital said, "*The disease was very mild, no one died, and no one went to the intensive care unit.*"

Generally, childhood infectious diseases are benign and self-limiting. They may also impart lifelong immunity, whereas vaccine-induced immunity is only temporary. In fact, the temporary nature of vaccine immunity can be dangerous for adults when death from the disease is 20 times more likely to occur.

About half of measles cases in the late 1980's were in adolescents and adults, most of whom were vaccinated as children **(3)**; booster shots last only 6 months. **(4)**

Some healthcare professionals are concerned that the virus from the chicken pox vaccine may "*reactivate later in life in the form of herpes zoster (shingles) or other immune system disorders.*" **(5)**

Therefore the best prevention would be to let those childhood diseases run their course freely in infancy.

Not only are most infectious diseases rarely dangerous, but they can actually play a vital role in the development of a strong, healthy immune system. Persons who have not had

measles have a higher incidence of certain skin diseases, degenerative diseases of bone and cartilage, and certain tumors, while absence of mumps has been linked to higher risks of ovarian cancer.

For parents, even if there is a minimum risk for contracting a serious disease, it is still too much of a risk. Between having a child damaged by the vaccine or because he was not vaccinated, what should we choose?

We must consider that vaccines were developed to combat these diseases because they injured or killed children in large numbers.

A few problems however rest unsolved.

Why is it that newborns are vaccinated against Hepatitis B, when the disease is transmitted only from sexual or drug related contacts, and the vaccine is only demonstrated to last 5-10 years? **(6)**

Why is it that at age 3, a typical American child received about 22 shots, and a five years old 35 shots while a 2-month- old sometimes got up to five shots in one visit?!

How can even parents let this happen when we know that children's bodies and immune system is not fully developed? We are afraid that they catch the flu but we do not care about poison being directly injected into their tiny bodies!?

Even medical practitioners are concerned about overwhelming children's immune systems with numerous simultaneous vaccinations. **(7)**

How come parents witness seizures in their children or constant crying after immunization and they still bring their children to the people who caused this to happen for more injections!?! How come most physicians refuse to acknowledge what is going on? Are we to that point subdued by the vaccine campaigns that we cannot think or feel anymore!?

Many parents of vaccine injured children seem most upset that not only were they not informed of potential dangers beforehand, but also their children's adverse reactions were often dismissed as improbable by their pediatricians. They lose trust in the medical corps, and those who listen to their complaints turn more and more towards naturalistic means of treating or preventing the diseases.

Vaccines are not entirely safe and protect from 50% to 70%; avoiding them does not guarantee health either. *"Whatever your decision may be, make it one you will feel comfortable explaining to your child twenty years from now"* **(8)** whether s/he is injured or not.

Historically, homeopathy has been more effective than "mainstream" allopathic medicine in treating and preventing disease. In a U.S. cholera outbreak in 1849, allopathic medicine saw a 48-60% death rate, while homeopathic hospitals had a documented death rate of only 3%. **(9)** The same for cholera today. **(10)**

Homeopathic "vaccines" have shown to surpass standard vaccinations in preventing diseases. Some population did not catch the disease after using homeopathy as prophylaxis. **(11)**

There are homeopathic kits available for disease prevention. **(12)** And one can even obtain a certificate declaring their children have been immunized from their homeopath.

Homeopathic remedies can also be taken only during times of increased risk (outbreaks, traveling, etc.), and have proven highly effective in such instances. Homeopathic remedies are known to be free from toxic components, and they have no side effects. Furthermore, homeopathy is painless, therefore suitable for children. Interestingly, for those who have already been through the usual lot of shots, homeopathy has been effective in reversing some of the disability caused by vaccine reactions, as well as many other chronic conditions with which allopathic medicine has had little success.

## **WHAT ARE SOME ALTERNATIVES TO VACCINATIONS?**

### **1) TETANUS:**

Tetanus vaccine can be delayed until the child is walking and at risk of deep, dirty puncture wounds. Even though, Tetanus Immune Globulin is available and can be given immediately after injury to avoid infection. Besides, only people working with manure or horses and animals are really at risk.

The spore forming organisms of tetanus live in horse manure, but the spores are weather-resistant and can survive in the soil for decades. They will germinate only under strict anaerobic conditions namely a deep, jagged puncture wound with enough dead tissues such as a rusty instrument, a severe burn or an infected umbilical cord stump in a newborn.

Wounds should be carefully cleaned, the dead tissues removed and kept open until healing is well under way.

The homeopathic remedies are *Ledum 30c*, every two to four hours from the time of the puncture, and *Hypericum 30c*, in case of infection. If children are vaccinated with tetanus toxoid, there is no point doing so until he is able to move on his own (18 to 24 months).

### **2) RUBELLA:**

A woman who has not contracted rubella in childhood can be vaccinated before undertaking childbearing. This disease is considered as benign, may even not be detected at all, and it does not require any treatment. Rubella is recognizable by these signs: a mild fever; punctate rash; and swollen or tender lymph nodes behind the ears and neck, and around the base of the skull.

Pregnant women may be given the homeopathic prophylaxis *Pulsatilla 6c* or *30c* every day for 14 days following exposure, or every four hours for fever and acute symptoms.

Homeopathic remedies may be given to mitigate the effect or severity of vaccines. After the vaccination, parents can give *Ledum 30c* immediately afterward, in three doses 30 minutes apart; and following it with either the nosode prepared from the disease or vaccine itself or *Thuja 30c* in three doses 12 hours apart.

Any child whose close family reacted strongly or violently to a vaccine should not be vaccinated. A child having a strong reaction to the vaccine should not be given boosters, and no child should be vaccinated when experiencing a weakened immune system following a cold or a rash or any physical discomfort.

Any child whose sibling or parent previously contracted poliomyelitis, or a severe or complicated case of measles or whooping cough or any of the other diseases listed, should not receive the vaccine against that illness.

### **3) VARICELLA:**

Varicella (or chicken pox) is also a benign disease in childhood. Parents who are able to isolate their children for 15-21 days do not need to vaccinate.

Many parents deliberately expose their children to others with chickenpox to get this benign illness out of the way and confer permanent immunity.

Treating chickenpox is simple. Do not suppress the eruptions with anti-viral drugs (acyclovir). Put Calamine lotion on the itching lesions, soak your child in Aveeno baths (check that these products do not contain camphor).

Give Rhus-toxicodendron 30 (homeopathic medicine), two pellets every three hours when itching is severe. If lesions are severe, oozing, or forming a heavy crust and slow to heal give Antimonium crudum 30 every three hours.

### **4) MEASLES:**

Measles is a slightly more serious disease but with rare complications. Measles are characterized by first symptoms like common cold, with weakness, mild fever, watery eyes, a dry or hacking cough, and eyes that are very sensitive to light, a "measly" or runny catarrh of eyes and nose, then little white spots like grains of salt show up on the inner surface of the cheeks, finally by a smooth, confluent pink rash. Rarely, serious complications develop from a case of measles, such as pneumonia, otitis media, or even laryngitis of the croupy or whooping-cough.

But it is highly contagious and kills about 20% of the infected.

As homeopathy, for sudden onset with burning, itchy rash, use Aconite 30 c or Belladonna 30c slow onset. Use Apis 30c or Pulsatilla 30c with eye inflammation. For a slow onset with headache, use Bryonia 30c or Gelsemium.

Use ACONITUM NAPELLUS for sudden high fever with hot dry skin, pain in the eyes, strong thirst, and a fearful or panicky feeling.

Use BELLADONNA with fever that comes on rapidly, with a red flushed face, hot skin, red rash, dilated eyes that are sensitive to light, and a throbbing headache and nightmares.

Use BRYONIA when the rash is slow to appear, and the chest is congested with a painful cough leading to a headache. Moving is worse than keeping still. Chills and shivering are worse with warmth. Thirst is strong with need for cold drinks.

Use EUPHRASIA when the eyes are swollen, streaming, and very sensitive to light. The nose may run with a bland and watery discharge.

Use GELSEMIUM when the infected is drowsy and lethargic with droopy eyes, and shaking chills running up and down the spine. The rash is itchy, hot, and dry. A headache begins in the back of the head and neck.

Use KALI BICHROMICUM when cold symptoms worsen with hoarseness, coughing up of stringy yellow mucus, earache, and sticky eyes.

Use PULSATILLA (the top remedy for childhood illnesses) when the rash is slow to develop and the symptoms of a cold are prominent. A stuffy nose producing yellowish mucus, a gagging cough, and plugging or inflammation in the ears.

The infected is not very thirsty and he gets better in open air.

Use RHUS TOXIDENDRON for an extremely itchy rash that feels better from applying heat.

The infected is very restless and feel stiff muscles in such a way symptoms improve by warmth and motion.

### **5) PERTUSSIS:**

Pertussis (or whooping cough) is a more serious disease, but it remains at endemic levels, which means vaccination will not necessarily prevent the disease. Besides, the vaccine is dangerous. Unlike the other childhood diseases, there is no immunity to pertussis passed on through the placenta or breastmilk.

Pertussis is usually not dangerous after age 6; adult rarely catch it even when exposed, but pertussis can threaten life in young infants under one year of age, because of the narrowness of the immature laryngeal opening and its particular vulnerability to obstruction from any inflammation or swelling.

The homeopathic prophylaxis used is called nosode Pertussin: Pertussin 30c, one dose daily for two weeks after contact. This remedy can be given in early stages of illness, at four-hour intervals. When a child is affected acutely, give Drosera 30c.

Antibiotics are often prescribed for pertussis, but they have minimal effect on symptoms. Antibiotics do kill the bacteria and prevent spread of the disease to others. Cough suppressants are useless. Whooping cough lasts for at least six to eight weeks.

It is recommended to sought a skilled practitioner for help.

DROSELA ROTUNDIFOLIA is used if symptoms are worse at night, the cough is triggered by laughing and exertion and it sounds hoarse and barking with prolonged attacks that often end in gagging and vomiting.

CUPRUM METALLICUM is used if the coughing spells are alarming and long, with spasms of the larynx that result in gasping and difficulty getting a breath, ending in exhaustion.

### **6) INFLUENZA:**

Haemophilus influenza (Hib) is most common between 6-12 months of age.

Some kinds of flu have cold-like symptoms, others are accompanied by diarrhea, nausea, or vomiting.

Use ACONITUM NAPIELLUS for a flu that comes on suddenly and intensely with fever, anxiety, constricted pupils, and strong thirst.

Use APIS MELLIFICA for a dry fever that alternates with sweating, facial flushing, and a very sore throat with swollen tonsils. Ears may be painful and eyelids swollen.

Use ARSENICUM ALBUM if exposure to cool air and cold applications may bring relief, thirst is low and the infected is irritable.

Use ARSENICUM album if the infected feels chilly and exhausted, along with an anxious restlessness.

Symptoms of flu are noticeable, and the head feels hot, while the rest of the body is chilly.

Use BELLADONNA is symptoms are sudden and intense with a very red sore throat, a pounding headache, a nagging cough, or other throbbing and inflammatory symptoms. Hands and feet may feel cold, or chills and heat may alternate.

Use BRYONIA for a very grumpy and miserable patient who feel worse at the slightest move. Headache, muscle aches, and cough or stomach pain, plus dry mouth with need for cold drinks.

Use EUPATORIUM PERFORLIATUM with deep pain in the legs or back and sometimes the eyeballs with miserable feelings of tiredness and misery.

FERRUM PHOSPHORICUM with fever, headache, rosy cheeks, and a feeling of weariness. Sensitive eyes, a short hard cough, strong thirst, and vomiting after eating.

GELSENIUM is used for fatigue and achiness that come on gradually, increasing over several days. The face feels heavy, with droopy eyes and aching. A headache may begin at the back of the neck and skull, and the person may feel chills and heat running up and down the spine. Anxiety, trembling, dizziness, perspiration, and moderate fever.

Nux Vomica for high fever, violent chills, strong nausea and cramping in the stomach or lungs. Headache with oversensitivity to sound, bright light, and odors, strongly irritable.

OSCILLOCOCCINUM (or Anas barbariae) is used in prevention and treatment.

PHOSPHORUS: for fever with an easily-flushing face, feeling very weak and dizzy.

Strong anxiety, wanting others to be around to offer company and reassurance. Strong thirst, with a tendency to vomit.

RHUS TOXICODENDRON: extremely restless. Fever is accompanied by bone and muscle aches and stiffness; moving and warmth help. Sore throat, red tongue, a teasing cough, and nausea and bloating.

SULPHUR: flu lingers. Hot and sweaty, with low fever and reddish mucous membranes. Heat and bath aggravates the symptoms.

## **8) MUMPS:**

Mumps (or epidemic parotitis) resembles measles in its highly contagious nature but it is milder. It begins with fever, runny nose, dry mouth, sometimes excess salivation, tenderness around and below the ears, and swelling/ inflammation of the parotid (the salivary glands) on one side, spreading to the other in a few days. About 25 percent of boys with mumps show swelling and inflammation of one or both testicles, possibly causing infertility of one testicle in adults and teens.

As homeopathic prevention, nosode Parotidinum can be used. Pilocarpine 6c can be used for both prevention and treatment.

Use ACONITUM NAPELLUS if the fever comes on suddenly and the person is very agitated. Stabbing or tingling pain can be felt in the jaw or face. Fresh air helps.

APIS MELLIFICA is used when the face looks puffy, pink, and tender, and cool compresses are soothing. Thirst is low and person irritable.

ARSENICUM ALBUM is for strong anxiety and restlessness, exhaustion.

BELLADONNA for quick symptoms with high fever, a hot flushed face, and eyes that are sensitive to light with shooting pains in the swollen cheek.

BRYONIA for motion sickness, hard, tender swelling is felt in the cheek, dry mouth.

CALCAREA CARBONICA if head perspires during sleep, the hands and feet feel cold and damp, and lymph nodes are also swollen. Anxiety.

CARBO VEGETABILIS if fever may develop slowly, and the person may feel chilled and faint. The stomach may also be upset, with gas and belching. Need for fresh or moving air.

MERCURIUS SOLUBILIS for hard, painful swelling of the salivary glands occurs below the chin, as well as in the cheeks, along with a large amount of salivation. The person is very sensitive to temperature changes. Offensive breath, swollen lymph nodes, and perspiration during sleep.

PHYTOLACCA if the parotid gland is sore and tight, or if the breasts or other glands are becoming painful and swollen. Tired, dizzy, and sore all over. Cold drinks and warmth help.

PULSATILLA for discomfort and swelling in the organs. Warmth make things worse but air helps. Low thirst. Emotional, wanting lots of sympathy and comforting.

RHUS TOXICODENDRON when cheek looks reddish and the person feels achy, restless, and driven to get up and move around. Stiffness and aching are relieved by warmth and motion. It is a good prophylaxis.

### **9) POLIO:**

The poliomyelitis virus produces no illness at all in over 90 percent of those exposed to it; among others, it causes, at most, an ordinary flu syndrome with fever, weakness, gastrointestinal symptoms, aches, and pains.

The typical symptoms are extreme sensitivity to touch, irritability, stiff neck, and fine tremors in the early stage. Often, the fever will disappear, then return to normal for a few days just prior to the onset of these central nervous system symptoms.

Paralysis appears suddenly and early as complete loss of voluntary movement in a single organ (or throat). Residual paralysis or death occur long after recovery.

The homeopathic remedy *Lathyrus sativus* 30c, one dose every 16 days for the whole duration of the outbreak, has been used with great effectiveness both for prophylaxis and for treatment in the early stages. **(13)**

Dr. Smith also used *Lathyrus* 30c in three doses, 30 minutes apart, for a group of children who were ill with fever, neck rigidity, and muscle tenderness of varying severity. All of these children recovered promptly and completely, without any sequelae.

Dr. Grimmer recommends *Lathyrus* 30c or 200c in a single dose repeated every three weeks for the duration of the epidemic to avoid paralysis.

### **10) DIPHTHERIA:**

Diphtheria is almost eradicated, although it is a serious disease.

Diphtheria begins as a "cold" or sore throat that develops a greyish, ulcerating "pseudomembrane" in the throat, foul breath, high fever, and marked swelling of the cervical lymph nodes (producing the classic "bull neck" in severe cases).

Some people experience heart or kidney failure or esophageal obstruction.

*Diphtherinum* 30c or 200c may be given in a daily dose for the first three days following exposure.

### **11) MENINGITIS:**

Common signs are vomiting, high fever, and a stiff neck with severe headaches, back pain, muscle aches, sensitivity of the eyes to light or photophobia, drowsiness, confusion, and even loss of consciousness. Some children have convulsions. Plus a rash of red, pinprick spots on the skin. The spots do not turn white when pressed, and they quickly

grow to look like purple bruises.

In infants, symptoms include irritability, lethargy, and loss of appetite.

Any delays in treating bacterial meningitis can lead to stroke, severe brain damage, and even death. Patients with bacterial meningitis are usually hospitalized and given intensive homeopathic therapy that is known to be effective. Homoeovaccines are available against some of the bacteria that can cause meningitis.

As prevention, use *Haemophilus influenzae* 200 once daily.

The *Neisseria meningitidis* 200 may be given to people who travel in risk areas.

*Streptococcus pneumoniae* 200 is recommended for people over age 65.

With good care, most patients recover from viral meningitis within a week or two and suffer no lasting effects. Good hygiene is the best prevention.

Use *Apis mellifica* in case of paralysis. This remedy has been successful in Diphtheria or Typhoid Fever, and also when meningeal effusions remain after Meningitis, when the person is nervous, restless and oversensitive.

*Cina maritima* is for who have intestinal upsets, are in constant agitation, rubbing the head into the pillow.

*Podophyllum peltatum* is used with a rolling of the head, chewing motion, squint (abnormal eye position), grinding of teeth.

*Baptisia tinctoria* is for a slight blush behind the ear at the base of the skull

*Zincum metallicum* is for chewing motions with boring of the head into the pillow, plus automatic motion of one arm and leg.

*Helleborus niger* is used when eyes wide open, staring and insensible to light.

*Urtica urens* suppresses urine (use 5 or 10 drops of the in hot water).

#### PREVENTION TO SAFEGUARD CHILDREN'S HEALTH:

Diet seems to play a large role in vulnerability to infectious diseases.

Vitamin A supplementation has been shown to reduce the severity of measles infections.

**(14)**

There is a relationship between polio and excess sugar consumption. During a polio epidemic in 1949, polio rates dropped from 2,498 in 1948 to 229 a year later after the reduction of consumption of sugar (ice-cream, sodas, etc. ) in the state of North Carolina.

**(15)**

We know the consumption of sugars weaken the immune system. "*Consuming 100 grams (4 ounces) of carbohydrates in the form of glucose, fructose, sucrose, honey or*

*orange juice can significantly reduce the ability of the white cells to destroy foreign particles and microorganisms” (16)*

Actually it reduces 50% of the activity of the white cells for over 5 hours after consumption of white flour or refined sugar.(17)

Here is a partial list that may prevent complications of diseases:

\_ Avoid partially hydrogenated fats (plenty in snack foods such as crackers, French fries, chips, desserts, in deep fried foods, margarine, baked goods, and in saturated fats such as meat and dairy) since they promote infection and inflammation and prevent healthy fatty acids from being incorporated into cells.

Essential fatty acids on the contrary are essential to normal immune and nervous system function and to avoid learning disorders. Essential fatty acids are found in flax oil, evening primrose oil, borage seed oil and fish oil.

Supplement your child’s diet with flaxseed oil (one or two teaspoons per day), an omega-3 fat that prevents inflammation. Make smoothies (mix with fresh fruits and milk) or mix it with rice or oatmeal.

\_ Avoid foods with added sugar (sweet breakfast cereals, sodas, cookies, jam, and ice cream, or corn syrup very difficult for the body to metabolize). Instead, offer dried fruits or fresh fruits.

\_ Use whole grains and whole wheat bread as opposed to products made with “wheat flour,” which means white flour.

\_ Use organic foods whenever possible, if possible from your own garden because pesticides injure the liver.

\_ Do not use chemicals in the home; replace them by natural products found in health food stores, or lemon juice, salt, baking soda, etc.

\_ For children who have frequent colds or ear infections, give them a supplement of organic bovine colostrum (one capsule twice each day).

\_ Breastfeeding is the best protection you can provide for your child, twelve months or longer. The longer the better since breast-feeding prevents infections and the complications of childhood illness. The sucking action required to breastfeed also helps the Eustachian tubes open and close, which makes a difference in the frequency that a child is likely to get ear infections.

\_ Deficiency of certain vitamins or minerals can weaken a child’s immunity. It is good to think about having a very healthy living n the kitchen or give children multivitamin and mineral supplement. Vitamin C is essential to the immune system, and depending on the child, the need may be from 250 to 500 mg of vitamin C per day. Vitamin A deficiency has been shown in animal studies to lead to ear infection. Zinc is necessary for proper immune function and conversion of fatty acids. Use vitamin A (10,000-20,000 units per day in the form of beta-carotene or mixed carotenoids), vitamin C (500-1,000 mg. per

day), and echinacea (10-20 drops three times per day) to treat colds, coughs, and ear infections.

Supplementation of the diet with intestinal bacteria is important to healthy immunity. *L. acidophilus* is recommended for children over age seven, and *B. bifidus* for children under seven. Other immune-enhancing supplements include cod liver oil (rich in Vitamin A), Probiotics, green drinks containing wheat grass and larch arabinogalactan.

\_ Do not feed cow's milk, wheat, oranges, eggs, meat, honey or chocolate to a child under one year old.

\_ Stress has an adverse effect on the adrenal glands, which manufacture hormones that augment immunity.

\_ Do not give your children fluorized water (tap water) since it does little for tooth decay but is physically detrimental to everyone.

\_ Do not cook foods in microwave ovens. If you need to use it for warming up foods, make sure you are not using a plastic container, even if the manufacturer claims it is made for the use of microwave oven since plastic particles can enter food.

\_ Nettle, alfalfa, chamomile, echinacea (use 5 days on / 5days off) that can be drunk on a regular basis also are great for improving the immune system; they can increase interferon production present in white cells. Interferons are proteins produced by cells that have been invaded by a virus; they inhibit the replication of the virus. Astragalus can be taken consistently throughout the cold and flu season or to recover after an illness. Garlic has antibacterial, antiviral and antifungal activity and works to stimulate the immune system.

\_ Homeopathy, the principles of which are somewhat similar to medical vaccines but in much lesser doses, has shown remarkable efficacy in treating and preventing meningitis (18), polio (19) and pertussis. (20)

Since the treatments are administered orally, and not by shots, they match naturally occurring immune response, and they are individualized to the person's symptoms.

\_ Do not give antibiotics unless absolutely necessary. Decongestants and antihistamines suppress the body's immune system.

A homeopathic doctor can prescribe remedies that serve as antidote to the adverse effect of a vaccine. Dramatic recoveries have been recorded after injection of vaccines provoking side-effects. (21)

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## MUTATIONS OF VACCINES

*"...The greatest part of all chronic disease is created though the suppression of acute disease by means of drug poisons and through the destructive effects of the drugs themselves."*

Sir William Osler.

When we contract a disease naturally, the virus or bacteria is inhaled or swallowed; this succession produces a variety of reactions: sneezing, coughing or the secretion of a local antibody within the respiratory tract, all serving to expel or weaken the virus.

On the contrary, vaccines will get to all the vital organs through the circulatory system, without being filtered by the liver, the spleen, the tonsils or else. The body of infants is not ready for such an invasion of toxins, furthermore, because the vaccine contains an attenuated (or weakened) form of the virus, the body doesn't activate its major inflammatory response nor its immune defenses.

Citing references from numerous valid sources, including four recognized textbooks on pediatrics and immunology, Harold Buttram, M.D., and John Hoffman, Ph.D., conclude that childhood vaccination *“cannot help but have adverse effects on the immunologic system of the child, possibly leaving this system crippled in its ability to protect the child throughout life...opening the way for other diseases as a result of immunologic dysfunction.”* (1)

Introducing foreign genetic material can lead to auto-immune disease susceptibility, as Dr. Richard Moskowitz, M.D. and Harvard graduate, explains:

*“Vaccinal attenuated viruses attach their own genetic ‘episome’ to the genome (half set of chromosomes and their genes) of the host cell, and are thus capable of surviving or remaining latent within the host cells for years. The presence of foreign antigenic material within the host cell sets the stage for their unpredictable provocation of various auto-immune phenomena such as herpes, shingles, warts, tumors—both benign and malignant—and diseases of the central nervous system, such as varied forms of paralysis and inflammation of the brain.”* (2)

Dr. Moskowitz adds that vaccines do not just produce mild versions of the original disease, but they create their own symptoms. In some cases, *“these illnesses may be considerably more serious than the original disease, involving deeper structures, more vital organs, and less of a tendency to resolve spontaneously. Even more worrisome is the fact that they are almost always more difficult to recognize.”* (3)

In addressing scientists at a conference sponsored by the American Cancer Society, Rutgers University professor R. Simpson warned:

*“Immunization programs against flu, measles, mumps, polio and so forth may actually be seeding humans with RNA to form latent proviruses in cells throughout the body. These latent proviruses could be molecules in search of diseases, including rheumatoid arthritis, multiple sclerosis, systemic lupus erythematosus, Parkinson's disease and perhaps cancer.”* (4)

Dr. H.H. Fudenberg, world-renowned immunologist with hundreds of publications to his credit, made the following comments: *“One vaccine decreases cell-mediated immunity by 50%, two vaccines by 70%...all triple vaccines (MMR, DTaP) markedly impair cell-mediated immunity, which predisposes to recurrent viral infections, especially otitis media, as well as yeast and fungi infections.”* (5)

*"The body responds to the vaccine with an immune reaction that attacks its components. Sometimes the immune reaction also attacks a constituent of the body itself, which bears some chemical resemblance to a constituent of the vaccine. Reports of cases in which nerve cells have been attacked have been published for tetanus, influenza and measles vaccines. The "self-attack" is the result of a cascade of biochemical changes which takes at least five days to cause clinically observable disease, and may take at least up to six weeks." (6)*

*"I would challenge any colleague, clinician or research scientist to claim that we have a basic understanding of the human newborn immune system. It is well established in studies in animal models that the newborn immune system is very distinct from the adolescent or adult. In fact, the immune system of newborns in animal models can easily be perturbed to ensure that it cannot respond properly later in life." (6)*

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## THE BENEFICIAL NATURE OF CHILDHOOD INFECTION

Babies have the same immune system as adults, but it is immature or less developed. Most babies average between 8 and 12 colds a year. That's because babies need to build their immune system by being exposed to illnesses. But these cold are so mild, sometimes they do not even notice them. When their body learns how to fight one virus, it is immunized against it. Since there are hundreds of types of cold viruses, babies need to learn to fight against them all, until they reach adulthood and encounter fewer varieties of colds to be exposed to.

Bacteria and viruses enter our system through the skin, mouth, and nose, and then replicate to make us sick. Sickness is not the illness itself, but our body responses to fight it. What happens is that the lymph system and the spleen filter out foreign cells and

bacteria; the white blood cells (produced in the bone marrow) create proteins called antibodies to stop their replication.

Immunity to illnesses is passed through the placenta during the last trimester of pregnancy, and by breastfeeding. However, babies can get infected very quickly because they do not possess a certain kind of white blood cell called the neutrophil, the first line of defense against bacterial infections that keeps infection located in only one place rather than the whole body. An elevation of temperature is the first sign of an infection and must be monitored closely the first months of life of a baby.

By age 6 months, the antibodies given by the mother are worn out and the baby has made his own even though they are weaker. This is why babies are vulnerable to bacterial and viral infections, such as colds and ear infections between 6 and 24 months of age, making them susceptible to pneumonia, meningitis (an infection of the brain and spinal cord membranes) and sepsis (a blood infection).

This is also why people immunize early. After 2 years of age, some vaccines are no longer useful because the child's immune system is stronger by then.

*“One of the most important things a mother gives her child before birth is passive immunity - a temporary immunity to diseases she has contracted or has been vaccinated against. Unfortunately, passive immunity also interferes with vaccines against measles and other diseases, leading doctors to put off vaccinating until the protection has faded out, usually by the child's first birthday. “ (1)*

Childhood infections such as measles, mumps, rubella, whooping cough and chicken pox, are beneficial to the immune system because it primes and matures it, lowering the risk of serious diseases such as cancer in later life (2), and asthma. (3)

When a child is infected by an illness, he will develop:

- \_ Fever - speeds up bodily elimination of toxic waste.
- \_ No Appetite - the digestive system shuts down so that it does not interfere with the job of the immune system by taking up needed energy.
- \_ Vomiting/Diarrhea - the body's way of eliminating undigested foodstuff and clear up the stomach.
- \_ Tiredness/Lethargy - the body's way of forcing a sick person to rest.
- \_ Glandular Swelling - the lymph glands filter the blood for toxic substances better while swollen.
- \_ Skin Rash - eliminates toxic waste.
- \_ Mucus Elimination (running nose) – eliminates some of the toxic waste because it is made of mucus which is full of white blood cells, the body's garbage cans containing toxic residue.
- \_ Inflammation - as fever, it cleanses and repairs damaged or poisoned tissue in the body.

The real disease to beware is not the illness itself, but the state of the body before it is infected. It is Toxaemia out of which the symptoms arise.

Hippocrates, called the Father of Medicine, over 2000 years ago, wrote:

*"Diseases are crises of purification, of toxic elimination. Symptoms are the natural defences of the body. We call them diseases, but in fact they are the cure of diseases."*  
Internal infections are useful to our body; they restore internal purity.

This is why natural health practitioners do not try to suppress these symptoms, instead they let the symptoms run their course so that complete detoxification is achieved. If the symptoms are suppressed by medical drugs or other measures, the body will be forced to retain within its own tissues the poisonous wastes it tends to eliminate.

Children should not suffer complications or die from a childhood infection, unless they have been incorrectly treated.

British Naturopath and Author, Harry Clements, explains:

*It should always be borne in mind when thinking of complications, that they too often wait, not upon the original disease, but upon the treatment of it."*

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#### CONCLUSION:

The propaganda campaign for vaccination has been so successful that most of us automatically believe that vaccines are so effective they are responsible for the virtual eradication of serious childhood illnesses.

However, from the 1800s to the present, each disease we are immunized from had been virtually eliminated before vaccines were commercialized, through improved hygiene, better nutrition, clean drinking water and improved sanitation. As people's overall health and immune systems improved, they did not get sick anymore.

As the physician W. J. McCormick summarized in 1950 (before vaccines for measles, mumps, scarlet fever and rheumatic fever were introduced):

*"[T]he decline in diphtheria, whooping cough and typhoid fever began fully fifty years prior to the inception of artificial immunization and followed an almost even grade before and after the adoption of these control measures. In the case of scarlet fever, mumps, measles and rheumatic fever there has been no specific innovation in control measures, yet these also have followed the same general pattern in incidence decline."*

**(1)**

Not only that, but also dozens of cases around the world attest the existence of outbreaks of infectious disease (e.g., measles, polio, tetanus, smallpox, etc.) among vaccinated and unvaccinated populations alike, with higher and more severe cases among the vaccinated ones.

If vaccination is not responsible for the eradication of childhood illnesses, and vaccinated children are actually at a greater risk of contracting a disease than unvaccinated children, why is vaccination routinely presented as an effective safeguard for our children's health? Each one of us must answer this question after doing his/her own research; it is our duty to seek for knowledge and act upon our findings.

Barbara Fisher, who served for ten years on the U.S. National Vaccine Advisory Committee, states:

*"We have bad science and bad medicine translated into law to ensure that vaccine manufacturers make big profits, that career bureaucrats at the Public Health Service meet the mass vaccination goals promised to politicians funding their budgets, and pediatricians have a steady flow of patients.... As the drug companies have often stated in meetings I have attended, if a vaccine they produce is not mandated to be used on a mass basis, they do not recoup their R&D costs and do not make the profit they want. In the medical literature official studies of vaccine risk are published purportedly proving there is no cause and effect. What the reader does not know is that often the studies have been designed and conducted by physicians who sit on vaccine policy-making committees at the Centers for Disease Control...some of whom receive money from vaccine manufacturers for their universities and for testifying as expert witnesses in vaccine-injury cases. And others are federal employees with an eye on career advancement within HHS and a future job with a vaccine manufacturer after retirement from public service. Many of these same physicians sit on the peer review boards of the major medical journals such as Pediatrics and JAMA, where they refuse space for studies or letters from the few brave physicians who dare to challenge their assertions that there is no cause and effect." (2)*

Richard Moskowitz, M. D. (a doctor who used to immunized nut now changed his mind about it) declares:

*"The attempt to eradicate entire microbial species from the biosphere must inevitably upset the balance of Nature in fundamental ways that we can barely imagine. Such concerns loom ever larger as new vaccines continue to be developed for no better reason than that we have the technical capacity to make them, and to manipulate the evolutionary process itself."*

In the extreme, we may quote M. Russell:

*"When the conspirators get ready to take over the United States they will use fluoridated water and vaccines to change people's attitudes and loyalties and make them docile, apathetic, unconcerned and groggy. According to their own writings and the means they have already confessedly employed, the conspirators have deliberately planned and developed methods to mentally deteriorate, morally debase, and completely enslave the masses. They will prepare vaccines containing drugs that will completely change people. Secret Communist plans for conquering America were adopted in 1914 and published in 1953. These plans called for compulsory vaccination with vaccines containing change agent drugs. They also plan on using disease germs, fluoridation and vaccinations to weaken the people and reduce the population." (3)*

Is immunization worth it when we know that some vaccines have 50% or less success? We have to bear in mind that immediate or short-term effects of vaccination can include the following: encephalopathy (irreversible brain damage), ataxia (incoordination of voluntary muscle movements), mental retardation, aseptic meningitis (inflammation of the membranes of spinal cord or brain), seizure disorders, hemiparesis (half-body paralysis), retinopathy and blindness, hyperactivity, anaphylaxis, high pitched (encephalitic) screaming/prolonged crying, learning disorders, hay fever, asthma, sudden infant death (SIDS), brachial plexus neuropathy (disease affecting nerves that serve the arm, forearm and hand), and abdominal pain. Secondary complications can include juvenile-onset diabetes, Reye's syndrome and multiple sclerosis. Are we ready to take this risk? It's up to us.

However, we have the right to know before we take any decision. *“Parents must be informed of the rare possibility of serious adverse effects, including seizure and allergic reaction. Every physician who administers vaccines therefore needs to become familiar with the reactions that may occur with each immunologic agent used. The best safeguard against litigation, when and if a serious reaction follows vaccination, is the indication that these considerations were discussed and that an informed choice was made.”* (4)

As shown in the official minutes of the 15th session of the U.S. Panel of Review of Bacterial Vaccines and Toxoids with Standards and Potency: *“Many physicians are not cognizant of the importance of reporting untoward reactions, or may be unaware of their clinical features. Further, both physicians and manufacturers have been held liable for damage suits by patients who may suffer adverse effects from established vaccines. All of these factors undoubtedly discourage reporting; without some other form of surveillance, definition of the rates and significance of untoward reactions to current and future vaccines cannot be ascertained.”* (5)

Fortunately, there is a growing number of mothers and lay people, whose children have been damaged, forming vaccine risk awareness groups and speaking out in public or in the media. There must be an end to incidents like the one in West Germany in 1967, where smallpox vaccination damaged the hearing of 3,296 children, of which 71 were rendered completely deaf. (6)

Whether these adverse reactions are caused by the vaccines themselves or the number of highly toxic additives contained in vaccines, we should encourage some research to be carried out. We have the right to have vaccines that are safe and reliable. We have also the right to refuse them without being scrutinized and called bad parents.

Furthermore, we have the right to reevaluate the danger caused by the diseases we are trying to protect our children from. And if the danger of these diseases was not as real as we thought? It is up to us to research on our own for alternatives (Allaah has given us means to cure ourselves of all disease) and take basic precautions especially when traveling abroad (mostly hygienic).

*“It is barely recognized but nevertheless true that animals and plants as well as men can live peacefully with their most notorious enemies. The world is obsessed by the fact that poliomyelitis can kill or maim several thousand unfortunate victims every year. But more extraordinary is the fact that millions upon millions of young people become infected by polio viruses yet suffer no harm from the infection. The dramatic episodes of conflict between men and microbes are what strike the mind. What is less readily apprehended is the more common fact that infection can occur without producing disease.” (7)*

#### PRECAUTIONS IN CASE YOU VACCINATE:

If you decide to immunize your child, here are some precautions you should take:

\_ Only give your child the vaccines you feel are most necessary and refuse the most dangerous ones, or the ones that have been banned in other countries.

It is wiser to opt for diphtheria and tetanus but omit the pertussis (the P in the DPT vaccine).

Wave the hepatitis B vaccine because 200 doctors in France gathered in solidarity to try to get their government to ban it.

The MMR (measles, mumps, rubella) shot has also been banned in several countries and those illnesses are known to be benign in childhood but more dangerous after puberty.

If you still opt for it, space out the M, M and R components a minimum of 6 months between each shot.

Refuse the chickenpox (varicella) shot as well as the flu shot. The varicella shot, is the least effective vaccine and is highly reactive in children. The flu shot still contains thimerosal.

\_ Assist your child's immune system before giving him/her the shots and also after.

You may try this regimen: 1000 mg. vitamin C, 500 mg. calcium and 50 mg. vitamin B6 the day before, the day of and the day after vaccination.

\_ Physicians rarely follow the recommendations either by the American Academy of Pediatrics or the manufacturers. Do not trust everything your doctor says.

\_ Do NOT vaccinate your children when they are on antibiotics, have an illness or a weakened immune system. Even the CDC site (<http://www.cdc.gov/nip/recs/contraindications.pdf>) says do not vaccinate a child who has a “*moderate or severe illness (choices include ear infection, diarrhea, vomiting, etc.) with or without fever*” (October 2000).

\_ Offer your doctor or pediatrician a book on dangers of vaccinations with loads of references. A good book is: Cave, Stephanie & Deborah Mitchell (contributor). *What Your Doctor May Not Tell You About Children's Vaccinations*. Warner Books; (September 1, 2001) ISBN: 0446677078

\_ Ask your pediatrician to delay vaccinations in order for you to research more and discuss the issue (go to books with references to give a good basis to the discussion). Do

not go unprepared. However, some pediatricians will tell you that delaying may render some vaccines useless, and some may scare you with their personal experiences, others may argue that it is required by law (do not listen to them since exemptions are always an option; it is your right to make sure your child is safe), finally others may refuse to accept you as a client because they are afraid your child may contaminate his/her other patients during a check up (choose a doctor with a special waiting room for sick children or suggest the wisdom to have one). Both parents and physician can determine together a safe schedule for vaccinating.

Parents can choose to exempt their children from all vaccines if they wish. Every state in the USA has at least 2 different types of exemptions. Check here to find your state's law if you live in the US: [www.access1.net/via/states/allstates.htm](http://www.access1.net/via/states/allstates.htm)

\_ Ask your doctor what is in each vaccine and the name of the manufacturer, and also ask if the vaccine is still using mercury as a preservative. Ask to see the vial. Ask to be able to check the information insert provided by the drug company which manufactured the vaccine your child will receive.

\_ Parents can have their children's blood tested (called a titres test) to find their level of immunity to a particular disease. If they have enough antibodies, they will not need any boosters or vaccine at all. This proof of immunity can be used for school attendance.

\_ Parents can blood test their children (or themselves) for allergies to the ingredients in vaccines, like aluminum, phenols and egg, etc.

\_ Parents could go to a homeopathic doctor or nutritionist and ask about boosting the immune system before vaccination. Parents may also opt for homeopathic vaccines instead of conventional ones. This is a good solution for Muslims who want to take their children to Hajj where the Meningitis vaccination is now required, or who want to undertake Hajj themselves.

\_ Tell the doctor or nurse if you child has had a vaccine containing live viruses within the last month (such as chickenpox or BCG); if he was unwell after the vaccination or reacted severely; if s/he is taking steroids (cortisone, prednisone, asthma spray); if s/he treated with radiotherapy or chemotherapy; if a lady is pregnant or planning to become pregnant within one month of immunization; **if you have a religious reason for not being able to use pork products.**

If you know of any of these signs, do NOT vaccinate, at least NOT for the moment.

\_ Ask your doctor to give you a booklet covering the benefit/risk of immunization. The law requires him/her to do so! Consumer groups, including the National Vaccine Information Center, worked with government health agencies to develop such booklets.

\_ Get individual vaccines separately instead of in combination with other vaccines.

\_ Do NOT let your children be vaccinated for more than one disease on the same day.

\_ Preferable, do not vaccinate children under 2 years old.

Finally, do not listen to the load of pressure that will make you feel you have to immunize. You have the right and duty as Muslim to ensure your child's safety as well as yours. It is *wajib* to make sure also that you are ingesting *halal* products.

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NB

**This article has been written to help the public make informed and intelligent decisions about childhood and adult vaccines, not to offer medical advice.** The purpose is to educate about the problem and propose some solutions different people are offering as an alternative. Always consult professionals about your decisions and make sure you see different doctors and specialists in order to find one who is knowledgeable in the subject of immunizations.

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Vaccine Injury Alliance [www.vaccineinjury.org](http://www.vaccineinjury.org) or call 1-888-709-6674

National Vaccine Injury Compensation Program (VICP): <http://www.hrsa.gov/osp/vicp/>

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128 Branch Road  
Vienna, Virginia 22180  
(703) 938-DPT3

Vaccination Alternatives  
Sharon Kimmelman  
Box 346  
New York, New York 10023  
(212) 870-5117

Guide To Vaccine Exemptions by Grace Girdwain.  
8320 S. Nashville Ave  
Burbank, IL 60459-2333 708-599-4679

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American Natural Hygiene Society  
12316 Racetrack Road  
Tampa, FL 33625

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Box 4182  
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(708) 272-5887

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